

## Unge piger i Sierra Leone sender en STOR TAK til Happy Hand for tilskud til fremstilling af hygiejne-poser



Uman Talk ('kvindesnak') projektet har haft fokus på at undervise unge piger i at få en større forståelse af, at det ikke er nødvendigt at 'droppe ud af skolen', når man kommer i puberteten. Pigerne har hidtil fundet det vanskeligt at fortsætte skolegangen, dels på grund af dårlig hygiejne og dernæst tidligere graviditeter.

Uman Talk har også engageret de unge piger i at fremstille små hygiejnesæt med genanvendelige trusser og hygiejnebind, som er blevet uddelt i skolerne.

Projektet har medvirket til, at de unge piger har opdaget deres potentiale og værdi, hvilket har stor betydning for deres trivsel og deres medvirken til at forbedre de lokale samfundsproblemer.

Dansk Børnefond takker og bekræfter hermed, at støtten er anvendt til det givne formål i efteråret 2018 og takker Happy Hands mange frivillige for tilskuddet.

Med venlig hilsen Dansk Børnefond - Lise Rechter, formand – 15. september 2019

**PROGRAMME FOR CHILDREN SIERRA LEONE**  
**REPORT FOR GIFT TO 'UMAN TALK' PROJECT**

The 'uman talk' project in Programme for Children Sierra Leone is still going on and in full gears. The project is focused primarily on girls and is our response to the increase in teenage pregnancy and the direct correlation between girls entering puberty and dropping out of school. We partnered with Day's for Girls that has a vetted and very successful health and reproductive education programme. Combined with the distribution of sustainable, reusable menstruation Kits.

In 2018, Danish Children's Fund Denmark provided 700 Reusable Kits to young girls and women, with this kits the girls have got the tools they need to manage their periods and continue to attend school. The enthusiastic response we have received so far has been overwhelming and the demand for the kits is immense.

The Danish Children's Fund Denmark Gift for the 'Uman Talk' was distributed in the following area:

The three Social Workers, 1 male and 2 females explained the components of the kits and how to use them and care for them, the important of periods and even how to take care of themselves and promised to give us feedbacks on how kit access change their lives. It was difficult to bring them together since they are living in different schools and there was no provision to bring them together so they can have presentation that will help them stay productive.

In addition, we found out that there are more girls at puberty than adolescences. Majority enter puberty unprepared so they don't have confidence in themselves, therefore, they feel stupid, silly and curious they feel shy to admit that they are menstruating. There are there girls in Sembahun Seventh- Day Adventist Primary School Bo District, Selenga Chiefdom who are menstruating at age 9, two were neglected by their parents because they don't believe, there are no signs of puberty on them and so they don't even try to find out. The one uses papers from her not books as pads and the others doubles their pants they were so bold to say they have started seeing periods. The presentations were great and the girls were so enthusiastic to learn. Lots of thanks and appreciation from both women, girls and teachers especially for the kits and asked that we continue to talk with them on this subject.

By making more kits available and affordable with the sexual reproductive health education lessons to these women they are better able to prevent sickness, discover their days lost due to lack of access to feminine hygiene product, discover their potential and self -value, are equal participants and agents of social change and are giving the opportunities to thrive, grow and contribute to the betterment of their communities.

In view of the above, we therefore, solicit additional support for girls that are in the same circumstance in their different communities. Going without basic sanitation threatens a girl's education, her health, her safety, her family, her future and her dignity. Many thanks and appreciation to you and the Danish Children's Fund Denmark for stepping in to change that. The financial report for this gift is on August - October 2018 report. Please find attached photos, and scanned financial report.

